

## Sands National Conference 2022

hosted by Sands Waikato

**Thursday, 29<sup>th</sup> September**

8:00	<b>Conference registration</b>		
9:00	Welcome & Conference		
9:20-10:20	Keynote: Finding flow within grief's water - Annie Anderson		
10:20-10:40	Morning tea		
10.:45-11:45	The gift of whānau information for positive change – The role of the PMMRC - Pania (Lisa) Paraku, Claire MacDonald, Yvonne Daymond, Dr Robin Cronin, & Dr Rose Elder	Voices of mothers, Voices of fathers - Cynthia Ward & Stephen Parkinson	Birth trauma - an experience of loss; an opportunity for healing - Kate Hicks
11:50-12:50	Multiples NZ – supporting bereaved whanau when they were expecting multiples - Ainslee Jacobson	'An opportunity for women to hear each other' workshop - Cynthia Ward	'Just for Dads' workshop - Stephen Parkinson
12:50-1:20	Lunch		
1:25-2:25	The Perinatal Post Mortem - Gretchen Pomare	How personal grief informs our mahi - Dr Graeme Bain & Karen Walker	When we know better, we do better: Understanding and learning from bereaved Māori mothers' experiences of the health system - Vicki Culling, Nicola Bright, Pania Mitchell, Maree Robertson
2:30-3:30	National Perinatal Pathology Service - Ainslee Jacobson	The importance of informed choices at the time of an unexpected diagnosis - Emily Davidson	The myth of the straight forward Pregnancy: a story of babies, IVF and Loss - Jen Crawford
3:30-3:45	Afternoon tea		
3:50-4:30	Professional panel – Gretchen Pomare, Cynthia Ward, Stephen Parkinson, & Pania Mitchell		
4 .30	End of day messages		
5:00	AGM followed by drinks and nibbles		

<b>Friday 30<sup>th</sup> September</b>				
8:00	<b>Meditation workshop</b>			
8.45	Morning welcome and notes for the day			
9am	Off-site tour: Seddon Park funeral Home	Off-site tour: Angel Castings	On-site: Waikato Hospital Tour	On-site: Support meeting - Vicki Culling & Pania Mitchell
10.50 -11:10	Morning tea			
11:15-12:30	Care, connection and social distancing: The challenges of baby loss during a pandemic - Billie Bradford & Robin Cronin			
12:45-1:30	Lunch			
1:30-2.30	IVF and multiple loss – A personal journey of resilience - Cheryl Elsey	Art for Grief workshop - Andrea Olliver-Thompson	NICU – When the journey comes to an unexpected end - Nik Mounter & Katrina Bootsma	
2.35-3:30	'Just be happy' – Resolving birth trauma after baby loss and subsequent children - Natasha Evans	Making Memories workshop - Andrea Olliver-Thompson	Journal your Grief - Sands Waikato	
3:30-3.45	Afternoon Tea			
3:45-4:45	Baby & Infant loss in Aotearoa NZ: State of the nation - Vicki Culling			
4:45-5:00	End of day notes			
5:30pm	'Return to Zero' movie & pizza night			

<b>Saturday, 1<sup>st</sup> October</b>	
8:30-9:00	Transfer to Seddon Park Funeral Home for the Memorial Service
9:00-10:00	Memorial Service at Seddon Park Funeral Home
10:30-11:40	Resilience & wellbeing through all of life's seasons - Annie Anderson
11: 40-12:30	Parents Panel - Cheryl Elsey, Emily Davidson, Amy Field, Melanie Tarrant
12:30-1:15	Lunch
1:15-2.15	Loss in the LGBTQIA+ community - Darjee Sahala (She/Her)
2:00-:40	Closing